

Do You Know How to Protect Yourself?

At Work

- Ensure that you are not over-exposed to lead in your workplace. This may include using special ventilation equipment, respirator, a specially formulated soap such as Clean-All Heavy Metals® Hand & Body Soap & testing for contamination.
- Eat & drink only in areas free of lead dust & fumes.
- Wash your hands & face with Clean-All Heavy Metals® Hand & Body Soap before you eat, drink or smoke.
- Do not wear your work clothes & shoes home.
- If possible, shower at work before going home.
- If possible, launder your clothes at work.

At Home

- Avoid exposure. If exposed through hobbies or environmentally, take the same precautions as listed above.

A Simple & Effective Way to Stay Safe!

Simply washing with ordinary soap & water will not significantly reduce the spread of contamination or the danger of ingestion. Since lead is extremely fine, it is often not visible to the naked eye. So **BE SAFE** by using **Clean-All Heavy Metals® Hand & Body Soap**. It is also an effective way to keep surfaces and laundry safe.

To order & receive more information, please contact:

SASHA'S INTERNATIONAL, INC.

9 Island Avenue, #711

Miami Beach, FL 33139

TEL: 305/695-8990 - FAX: 305/695-8991

www.buycleanall.com sashas@sashas.net

LEAD

CAN POISON YOU! EDUCATE YOURSELF & GET THE LEAD OUT

Did You Know?

That lead is in 2nd place on the U.S. Government's hazardous substance list?

That lead is the **WORST** and most widespread pollutant?

That lead accumulates in the body and its effects can be catastrophic?

That lead gets into the body when dust or fumes are inhaled or when ingested from contaminated hands, food, water cigarettes and clothing?

That approximately 20% of men and 10% of women have problems with lead toxicity?

That a child's growing body absorbs more lead and that up to 30% of the children of lead workers are lead poisoned?

Do You Know the effects of Lead Poisoning?

Lead can produce adverse effects on virtually every system in the body.

Lead can damage the kidneys, the nervous system, and can cause high blood pressure.

Lead is especially harmful to the developing brains of fetuses and young children.

Other Side Effects Include:

Alzheimer's
Osteoporosis
Coma
Anorexia
Abdominal Pains
Headaches
Memory Loss
Hair Loss
Irritability
Fatigue
Joint Aches
Depression
Impotence
Anemia
Low Infant Birth Weight

In Children Side Effects Include:

Impaired Growth
Hearing & Behavioral Problems
Learning Disorders
Hyperactivity

Do You Know How You Are Exposed to lead?

Environmental

Lead paint in homes
Renovating or remodeling older homes
Burning lead-painted wood
Drinking water from lead pipes
Living near lead-related industries
Soil or dust near industries and roadways
Food and liquids stored in lead-glazed pottery

Occupational

Military personnel using firearms
Police Officer
Auto & radiator repair
Battery manufacturing or repair
Construction worker
Plumber/pipe fitter
Printing
Glass, brass, copper & aluminum processing
Chemical manufacturing & plastics manufacturing
Rubber products manufacturing
Steel welding & cutting
Industrial machine operator
Smelting & scrap metal recycling
Firing ranges

Hobbies

Target shooting at firing ranges
Trap & skeet shooting
Car & boat repair
Casting lead figures (toy soldiers, etc)
Painting
Furniture refinishing
Jewelry & pottery making
Stained Glass
Lead soldering (electronics, etc)
Making lead shot, fishing sinkers & bullets